

## **IRONMAN CHALLENGE GOES TO FINLAND FOR THE MASE GROUPS**

Graham Shapiro (Richard & Daphne's Son) will for the fifth year be raising money for the MASE, but this year he will be taking part in the Ironman Challenge in Finland. Graham has over the years raised a staggering amount of money for the MASE groups.

He is passionate about the MASE and the people attending; he also shows his support by way of producing and maintaining our Website and keeping it up-to-date year on year.

We send our sincere thanks to all Carers and everyone who has supported Graham and wish him Good Luck on his Challenge this year in Finland.



**Swimming in Sea 2 miles**



**Bike ride 56 miles**



**Running 13 miles**